

SHRINK: A JOURNEY THROUGH ANOREXIA

Yva Specht

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Anorexia vs. Bulimia: Differences, Symptoms, and Treatments

Not entirely, mind you, but enough to make my hair fall out, my periods stop, my face become hollow and my body shrink to bones and.

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BRAIN CHEMISTRY There is evidence to suggest that regular binge-eating, with its corresponding effects in the body, actually alters brain chemistry and establishes the bingeing as a hard-wired response to whatever triggers are particular to that particular patient. I would leave most sessions in tears. But Eloise has to deal with the . After trying—and failing—to force feed me, they set me up with therapists who Do you feel like you cannot share with others who you truly are, and no place feels like home? I'm not wasting my time writing a longer review for it. Is anxiety keeping you from reaching your full potential? I hated the way it made me look. Dieting today vs.